



Health and Wellbeing

Organisation / Project Name	Amount funded	Region - of participants	Description
<p>Autism SA Peer Mentor 'Healthy Eating and Cooking' Program</p>	<p>\$8,200</p>	<p>Whole Metro</p>	<p>Conduct a peer mentor healthy eating, healthy cooking program (15 sessions over six months) as an expansion of the established peer mentoring program for 16 young people with Autism Spectrum Disorder. The program will operate from 5-7pm fortnightly from a mental health service provider with kitchen gardens and an industrial kitchen with support from professionals who have worked in the hospitality industry. A qualified chef will be engaged to cover all aspects of food preparation from the garden to the kitchen including growing vegetables, food handling techniques, planning and implementing a vast array of menus and sourcing produce. OUTCOMES FOR PARTICIPANTS: (1) development of skills in planning and implementing menus, cooking techniques, hygiene, growing produce, (2) enhanced independent living skills (3) improved team work skills and social interactions (4) enhanced self-esteem resilience and wellbeing (5) development of meaningful relationships with others (6) increased capacity to maintain a healthy lifestyle FOR ORGANISATION: (1) increased capacity to provide services to young people who are not covered by primary funding to the organisation (2) enhanced collaborative relationships with other organisations</p>
<p>Carer Support and Respite Centre Incorporated Young Adults Carers Program (16-25 year olds)</p>	<p>\$30,000</p>	<p>Whole Metro</p>	<p>Support up to 20 young carers aged 16-25 years to negotiate a transitional period in their lives. Program to include home visit, development of support package including information, respite, educational assistance, vocational assistance, job skill training, job and resume assistance, holiday possibilities, internal and external referral and advocacy. OUTCOMES FOR PARTICIPANTS: (1) improved sense of health and wellbeing (2) contributions as carer acknowledged (3) increased education and employment opportunities (4) enhanced connections to the community (5) developed attainable personal goals and aspirations. FOR THE ORGANISATION: (1) expansion of services provided to carers throughout the south and east metropolitan areas of Adelaide (2) sustainable social support groups developed for young adult carers</p>
<p>Mission Australia Body Talk</p>	<p>\$34,960</p>	<p>Statewide</p>	<p>Train 12 young people aged 15 to 25 through SACE accredited training and a peer leadership program to become public advocates for young people concerned about body image. Participants who complete the program will act as advocates at school events and participate in events and public forums. OUTCOMES FOR PARTICIPANTS: (1) increased knowledge around body image including media literacy, societal norms and attitudes (2) enhanced self-esteem and body image (3) reduced risk taking behaviours (4) increased participation in education and employment pathways (5) increased formal and informal community support networks (6) increased leadership, group work, public speaking, written presentation and advocacy skills and experience (7) new and positive coping skills developed (8) knowledge of personal and professional boundaries developed FOR THE ORGANISATION: (1) enhanced capacity to engage with significant client group in consumer participation and service development (2) established group of consumers able to comment on service delivery, planning and programs (3) increased numbers of schools and young people participating in youth survey (4) increased media attention and awareness of issues such as body image for young people</p>



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<p>Multicultural Youth SA Incorporated S Club 11</p>	<p>\$50,000</p>	<p>Northern Adelaide</p>	<p>Develop a program for 50 refugee young women that is culturally and age specific (15 to 17 and 18 to 25) to encourage and support greater health and wellbeing among refugee young women. Program comprises of 4 stages. (1) customised group workshop series of six sessions per age group in the areas of mental health, physical health, sexual health and legal rights and responsibilities. (2) monthly women's support meetings for young women at risk to seek safe help and guidance and to engage in activities. (3) each of the age groups conceptualising, planning and delivering an activity, campaign or initiative which is youth led to address the ongoing issues faced by refugee young women with mentoring support from community groups and mainstream agencies (4) conducting 6 focus groups to inform the development of a research issues paper to support the sector and government. OUTCOMES FOR PARTICIPANTS: (1) increased self-esteem and confidence to improve their lives and pursue positive directions and possibilities (2) increased problem solving skills to cope with current, emerging and future difficulties (3) stronger sense of identity including ethnic identity (4) reduction in health risk taking behaviours (5) reduction in truancy and early school leaving (6) increased knowledge of and access to mainstream community services and support (7) increased knowledge of and access to sport, recreation and other social opportunities (8) FOR ORGANISATION: (1) increased ability to explore key causes leading to increased prevalence of health risk behaviours amongst refugee young women (2) good practice standards developed to support refugee young women at risk (3) increased expertise and knowledge in working with the target group (4) stronger relationships forged with young people, community leaders, health providers and other stakeholders (5) increased advocacy efforts and support to the wider sector</p>
<p>Service to Youth Council Inc. Breathing Space</p>	<p>\$25,150</p>	<p>Whole Metro</p>	<p>Provide playgroup for 50 young parents that are pregnant and/or have children who are experiencing homelessness for three hours twice per week. Playgroup will encourage positive parenting techniques and promote health and wellbeing of both parents and children and to access additional mental health support for children as needed. Once families have stabilised their accommodation they will be actively referred and engaged to a playgroup in their local area. Families will also be provided with a Playgroup SA membership for 12 months. OUTCOMES FOR PARTICIPANTS (1) improved parenting skills (2) increased knowledge of developmentally appropriate play (3) increased access to information and local services and supports (4) engagement with playgroups in local communities (5) stabilised accommodation (6) improved health and wellbeing behaviours (7) enhanced family and social connectedness FOR THE ORGANISATION (1) increased professional skills of staff in improving health and wellbeing of young parents (2) increased materials resources to deliver playgroup beyond the funding period (3) increased skills of staff to deliver therapeutic play activities beyond the funding period</p>



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<p>Service to Youth Council Inc. <i>The Next Step</i></p>	<p>\$48,000</p>	<p>Whole Metro</p>	<p>Engage 2 groups of young people, one group with mental health issues (depression and anxiety) and the other will have physical health problems (obesity and low activity levels each with 15 participants who will meet weekly over two terms in a program comprising therapeutic tools, creative activities, information, mentoring and community participation to facilitate change in participants' physical and mental health. The two groups will participate in the Zoos SA education activities, learning what helps animals achieve and sustain health and will support zoo projects and gain knowledge and about their own health and healthy choices. Toolkits containing strategies, resources and information of support young people to make positive changes to their physical and mental health will be developed for use in the program and will be distributed to 200 young people in partner schools. OUTCOMES FOR PARTICIPANTS (1) increased knowledge about how to maintain good physical and mental health (2) improved ability to normalise and recover from setbacks (3) improved self awareness and self management skills (4) increased skills to manage stress, anxiety and low affect (5) increased knowledge of resources to assist them to achieve their personal goals (6) improved physical and mental health habits FOR THE ORGANISATION (1) extended knowledge and evidence base regarding the positive impact of nature, physical activity, engagement with animals and volunteering on the physical and mental health of young people (2) identification of the most successful strategies and tools for young people to improve their physical and mental health (3) documented project model developed including structure, key risks, success factors and implementation plan (4) developed a toolkit of resources, strategies and information which can be used by schools to complement health curriculum (5) increased capacity to take program to more schools in the future.</p>
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Education, Employment and Skill Development

Organisation / Project Name	Amount funded	Region - of participants	Description
<p>Boys Town <i>Platform for Success</i></p>	<p>\$49,800</p>	<p>Northern Adelaide</p>	<p>Provide diagnostic testing, intensive training for 3 hrs p/w over 6 weeks, case management and tutoring to develop literacy, numeracy and comprehension skills of 80 young people who have an identified or suspected literacy and/or numeracy deficiency which is likely to create a significant barrier to education and employment. Participants will also have access to the FLO program, accredited and non-accredited training delivered by the agency. OUTCOMES FOR PARTICIPANTS: (1) improved literacy/numeracy levels in a minimum of 70% of participants (2) increased self-esteem and self-confidence in 90% of participants (3) re-engaged in formal education or transitioned successfully to further education or employment in a minimum of 50% of participants FOR THE ORGANISATION: (1) volunteer tutors recruited, trained and supported (2) program developed that can be sustained and provided on a fee-for service basis to other providers on an ongoing basis</p>
<p>Heta Incorporated <i>Youth Community Green Social Enterprise Project</i></p>	<p>\$30,000</p>	<p>Southern Adelaide</p>	<p>Engage young people with multiple barriers to employment to fit out a GREEN bus that will become a training room. Fit out process will include traineeship and apprenticeship opportunities for young people, establishment of business enterprise will develop skills in IT, web design, graphics, business services and administration, retail sales, small business, events management and personal skills. Participants will manage and produce a range of self-funded publications. The bus will be used beyond the life of the project to provide mobile learning facilities to young people not engaged in school or who don't respond well to traditional classroom based learning. OUTCOMES FOR PARTICIPANTS: (1) development of job specific and 'soft' skills (2) increased social skills, workplace discipline and confidence to enter accredited training or gain employment (3) enhanced wellbeing, self-esteem, and motivation to work and learn (4) reduction in boredom, alienation and sense of powerlessness FOR ORGANISATION: (1) increased capability and position as a 'green jobs' sector expert (2) increased awareness of the work of the agency for disadvantaged young people (3) increased ability to engage young people ineligible for other programs offered by the organisation (4) sustainable social enterprise developed</p>
<p>Murray Mallee General Practice Network - Murraylands Headspace <i>Hands On!</i></p>	<p>\$15,000</p>	<p>Murray and Mallee</p>	<p>Provide hands on accredited and non-accredited training and education, work experience, mentoring and case management for 12 vulnerable young people aged 15-19 years. Non-accredited training to include employability skills, life skills, literacy and numeracy organisational and learning skills. Accredited training to include SACE accreditation in LLN, certificate 1 Automotive program or construction program. On completion of training participants will participate in a 3-4 day work experience program with a focus on performance and work ethics. OUTCOMES FOR PARTICIPANTS: (1) increased engagement in meaningful activities that promote community connections (2) increased employability skills and motivation (3) enhanced life skills, literacy and numeracy, organisational and learning skills (4) gained SACE or Certificate 1 level accreditation FOR ORGANISATION: (1) increased activities and involvement for young people in the agency and region (2) enhanced networking and collaboration of service providers resulting in increased quality and tailored support for young people (3) developed an alternative learning policy (4) increased employment of young people in local industries (5) increased awareness and importance of skills education, training and career pathways related to employment opportunities in the region</p>



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<p>Para Worklinks Incorporated</p> <p><i>CREATE - Community Real Employment and Training Enterprise</i></p>	<p>\$50,000</p>	<p>Northern Adelaide</p>	<p>Provide a holistic program addressing vocational and non-vocational barriers to education and employment for 60 disadvantaged young people in the northern suburbs. Vocational training leading to Certificate II qualifications in retail, hospitality, horticulture or engineering will be through project training in a live simulated workplace for disadvantaged young people under case management or not engaged in education for 50-60 young people over 12 months. OUTCOMES FOR PARTICIPANTS: (1) developed learning and earning pathway and transferrable employment skills (2) increased opportunities for a traineeship or further education/ training (3) recognition for positive contribution to the community (4) enhanced social integration, team work skills, friendships and peer supports (5) increased self-confidence and self-belief (6) increased understanding about services available in the community to support aspirations (7) production of low cost furniture through training and work experience program to be distributed to disadvantaged people in the community (8) increased involvement in broader community events (9) parks and gardens in the local community maintained, developed and re-vegetated through horticulture program</p>
<p>Sammy D Foundation</p> <p><i>Vocational Connect Program - Educating, Mentoring and Engaging Youth in Employment</i></p>	<p>\$50,000</p>	<p>Whole Metro</p>	<p>Establish, implement, administer and review a program of vocational education, work experience, mentor support , outreach support and referral for ongoing employment support for 40 high risk young people aged 14-18 years, in 4 groups of 10. OUTCOMES FOR PARTICIPANTS: (1) Increased understanding of the importance of employment and skills to overcome/ manage personal barriers (2) increased skills in workplace and general communication (3) increased employability skills (4) increased literacy and numeracy skills related to work place situations (5) improved vocational goal setting skills (6) improved problem solving skills FOR THE ORGANISATION: (1) established program targeting high risk young people (2) increased community networks, particularly in the business sector (3) increased involvement in the youth network supporting job seekers (4) engagement of successful participants as new mentors and community volunteers (5) established and refined administrative systems resulting in expanded and higher quality services</p>
<p>Save the Children Australia</p> <p><i>School Attendance Program in Ceduna</i></p>	<p>\$50,000</p>	<p>Eyre and Western</p>	<p>Initiate a three-year school attendance program for 250 12-18 year olds and their families in communities around Ceduna through localised approaches to develop community wide ready for school plans. Project will; engage a range of community stakeholders; work with families to develop before school routines including provision of breakfast for students; implement no-school, no service initiatives in local shops; conduct parent information sessions and family days; run 2 cultural school holiday camps each year; and provide case management to 5-10 families per year where truancy is endemic and the result of complex issues. OUTCOMES FOR PARTICIPANTS: (1) increased school attendance (from 62% to 65%) (2) enhanced life skills, confidence and motivation (3) increased involvement of parents/carers in school events and information sessions FOR THE ORGANISATION/ COMMUNITY: (1) reduction in juvenile crime activity (2) increased new enrolments in school</p>



Engagement and Participation

Organisation / Project Name	Amount funded	Region - of participants	Description
<p>Marion, City of <i>Southern Skate Skills</i></p>	<p>\$13,500</p>	<p>Eastern Adelaide</p>	<p>Engage 10 local skaters aged 16 to 20 to gain skateboard coach accreditation and partner up with a youth worker to deliver skate skills sessions to other young people in the community. Program will allow council YDO's to engage with young people in a public space and engage them in planning and delivery of events and programs around the spaces. OUTCOMES FOR PARTICIPANTS: (1) increased skills and qualifications of 10 coaches (2) increased engagement of young people in the community (3) increased confidence, physical fitness and engagement in growing sport for participants in skate skills programs (4) increased skills of coaches in design, delivery and facilitation of skate, scoot and BMX program (5) increased engagement with youth workers and support services (6) increased skills in risk management, budgeting, attracting funding/ resources/ sponsorship, media and marketing, public speaking and event management. FOR THE ORGANISATION: (1) increased participation of young people in council programs (2) integration of participants into existing events provided by the council and community organisations (3) increased capacity of council to meet the needs of the target group (4) increased positivity around activity and young people at skate park precincts (5) increased diversity of participants in leadership activities provided by council (6) enhanced relationships with community members and organisations working in the community.</p>
<p>Northern Futures <i>Reno4</i></p>	<p>\$30,000</p>	<p>Southern Adelaide</p>	<p>Support a group of disengaged and disadvantaged young people to renovate a group of four shops in a disused shopping complex in Davoren Park. Participants will develop skills and receive accredited training, industry support and guidance. One shop will be used as a Youth Enterprise Incubator for young people to establish a business with the support of a fully functioning office environment. Other shops will be leased to new businesses on completion resulting in growth of social capital and economic benefit. OUTCOMES FOR PARTICIPANTS: (1) increased qualification levels through completion of PPP construction Cert II (2) enhanced design skills and creativity (3) increased access to local career planning support FOR THE ORGANISATION/ COMMUNITY: (1) development of a youth social enterprise centre in the local community (2) increased personal ownership of participants involved in future enterprise projects (3) increased capacity to work with disadvantaged young people (4) creation of physical presence of agency in Playford</p>
<p>Outback Communities Authority <i>Farina Youth Engagement Project</i></p>	<p>\$10,000</p>	<p>Northern Adelaide</p>	<p>Provide 30 young people from isolated towns in the Flinders Ranges training and support of 60 volunteers from the Farina Restoration Group in stone masonry, baking, research, carpentry, history interpretation, event management and catering to restore buildings and historic interpretation at Farina in the over a four week period in May 2012. OUTCOMES FOR PARTICIPANTS: (1) developed an appreciation of the pathways into the building industry, skills in research and history preservation (2) increased career awareness, confidence and work experience (3) development of relationships with older volunteers from diverse backgrounds and occupations (4) developed team work skills, work ethic (5) improved attendance and school and training (6) gained an insight into the regions history and tourist potential gained from the restoration. FOR THE ORGANISATION: (1) provision of assistance with the restoration of the old Farina township (2) provision of a practical learning experience for Aboriginal young people away from a structured learning environment (3) enhanced relationships with stakeholders in the region.</p>



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<p>Peterborough Youth Network Incorporated</p> <p><i>TBC</i></p>	<p>\$30,000</p>	<p>Far North</p>	<p>Engage 25 young people in the design and redevelopment of the outdoor space at the Peterborough Youth Centre to create a versatile open space with landscaped grounds, a beach volleyball court and creation of a leisure space incorporating urban art initiative. Project will develop skills of young people and enhance the appeal of the youth centre within the community. OUTCOMES FOR PARTICIPANTS: (1) increased self-esteem, self-confidence and self-worth (2) increased empowerment to instigate change despite personal adversity (3) increased social connection and inclusion (4) enhanced positive relationships with peers and project partners (5) increased personal social capital, decision making and problem solving skills (6) increased employability skills (7) completion of OH&S white card (8) increased understanding of steps involved in project planning, implementation and evaluation (9) increased understanding of the role of local government and how to advocate for youth needs (10) increased event management and project management skills FOR THE ORGANISATION: (1) dedicated youth space created for young people accessing the centre (2) strengthened profile and working relationships with local agencies (3) expanded services and activities offered from the centre (4) increased involvement of young people in the operations of the centre (5) increased number of volunteers and young people attending and wanting to be involved in activities at the centre</p>
<p>Riverland Youth Theatre Inc.</p> <p><i>Monomyth</i></p>	<p>\$22,000</p>	<p>Yorke and Mid North</p>	<p>Conduct a series of workshops with young people to develop a performance exploring notions of heroism and the obsession with celebrity in contemporary youth culture. Participants to work alongside professional artists in developing and presenting the performance at towns across the Riverland. OUTCOMES FOR PARTICIPANTS: (1) increased skills in performance making, design conception, technical operation and teamwork (2) increased exposure to creative learning opportunities and skill development (3) reduction of conflict and tension in the region FOR THE ORGANISATION: (1) development of a performance piece by and for young people in the local area (2) increased visibility of youth arts and youth culture in the Riverland (3) increased diversity of arts programs in the region</p>
<p>UnitingCare Wesley Port Adelaide Inc</p> <p><i>Afghan Youth Project</i></p>	<p>\$28,000</p>	<p>Western Adelaide</p>	<p>Develop and deliver a program for 200 Afghan young people including a youth reference group of 12 young people; recruitment, selection and training of up to 12 youth ambassadors; 6 forums on specific topics; 2 cross cultural events; and 8 sets of activities/ events/ programs. OUTCOMES FOR PARTICIPANTS: (1) improved mental health, physical and emotional health and wellbeing (2) improved intercultural relationships across communities (3) improved capacity to enable participants to actively participate in community life (4) increased participation in community life and empowerment (5) increased skills in public speaking, confidence, leadership, conflict resolution, project development and coordination (6) increased focus on education and educational outcomes FOR THE ORGANISATION: (1) improved intercultural and intergenerational relationships in the community (2) increased community understanding and positive perspective of Afghan people (3) enhanced cultural diversity within organisation (4) enhanced connections with young people in the Afghan community (5) enhanced work with young people from refugee backgrounds.</p>



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<p>Yorke Youth Services <i>Southern Yorke Peninsula Space</i></p>	<p>\$17,000</p>	<p>Murray and Mallee</p>	<p>Create a physical youth space in Yorketown on the Yorke Peninsula with a semi-structured youth program including (a) 2 x 10 week health and wellbeing programs, arts/music programs, yoga and youth friendly outreach space (b) hip-hop workshops in five towns in the region (3) work with local council to establish five YAC's in the region. Program to be supervised by social worker from Country Health SA. OUTCOMES FOR PARTICIPANTS: (1) increased knowledge and skills of health and wellbeing, particularly mental health and wellbeing (2) increased engagement in the community (3) increased voice in the community (4) increased knowledge of and links to available services (5) increased leadership skills FOR THE ORGANISATION: (1) development of youth space in the region (2) development of a formal youth voice across the region to contribute to service planning(3) development of youth driven activities (4) increased access for young people in the region to youth services</p>
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